



UPDATE: Nighthawks Basketball Program - Relaunch

We are excited to share that we will be Re-launching the Nighthawks Basketball Partnership the week of February 14th, 2022!

The YMCA of Three Rivers has partnered with the **Guelph Nighthawks, of the Canadian Elite Basketball League (CEBL)**, to bring two new basketball programs to the Guelph, Kitchener, Waterloo, Cambridge and Stratford communities.

Nighthawks Hoops Development Series – Elite Basketball Skill Development Program

Ages 9-17 years * additional cost – not included in YMCA Membership****

PROGRAM DESCRIPTION:

Led by Nighthawks Assistant Coach and Director of Basketball Operations Mike Girling, the Nighthawks Hoops Development Series is geared towards players looking to take the next step in their basketball training with high-caliber professional coaching. The uniquely small coach-to-player ratio means more repetition and opportunity to improve skills and apply them to in-game action.

PROGRAMMING DETAILS:

Coach Girling will lead participants through a variety of different skills and drills. Focus will be on the practical application of the following areas:

- Shooting Mechanics
- Footwork
- Creating Space
- Finishing
- Individual Scoring
- Ball Handling
- Passing

WHO:

Program is open to anyone ages 9-17 years! Open to non-members, and current YMCA members
*YMCA Members receive a 10% discount on the price of the ‘Nighthawks Hoops Development Series’

COST:

\$299 per participant plus taxes and fees. (YMCA Members 10% Discount using code below)

Cost also includes:

- (2) Nighthawks 3-Game Flex Packs, valued at over \$140
- T-shirt
- Water bottle
- Lanyard
- Nighthawks drawstring bag
- Access to the YMCA facilities for the duration of the 8-week program

WHEN:

The 8-week program will begin during the week of February 14th 2022. Sessions are broken down as follows:

Mondays – Guelph YMCA

Start Date: Feb 14th

Nighthawks Hoops Development Series – 9-12 years - 7:45 - 8:45pm

Nighthawks Hoops Development Series – 13-17 years- 8:45- 9:45pm

Tuesdays – A.R. Kaufman YMCA – Kitchener

Start Date: Feb 15th

Nighthawks Hoops Development Series – 9-12 years - 8:00 - 9:00pm

Nighthawks Hoops Development Series – 13-17 years - 9:00 - 10:00pm

Wednesdays – Chaplin Family YMCA – Cambridge

Start Date: Feb 16th

Nighthawks Hoops Development Series – 9-12 years - 7:45 - 8:45pm

Nighthawks Hoops Development Series – 13-17 years - 8:45 - 9:45pm

Thursdays - Stork Family YMCA – Waterloo

Start Date: Feb 17th

Nighthawks Hoops Development Series – 9-12 years - 7:45 - 8:45pm

Nighthawks Hoops Development Series – 13-17 years - 8:45- 9:45pm

*****If the session you try to sign up for is sold out, please email: svilneff@thenighthawks.ca to be put on a waitlist. List your child's NAME and AGE in the request****

COMING SPRING 2022 – Stratford- Perth YMCA

* We are working to getting this program up and going in the spring of 2022 – for further details regarding programming in Stratford please contact: Melissa Haynes at: melissa.haynes@ytr.ymca.ca

HOW TO REGISTER:

Register Online for Hoops Development Series at: www.thenighthawks.ca/hds2022

YMCA Member Discount Code: 10% off promo code for YMCA members: YMCA10

Hoops Development Series Questions- contact Shelby at: svilneff@thenighthawks.ca

Y Hawks – YMCA Member Program

*YMCA Members ages 10-12 years * MUST be a YMCA member to attend**

Do you want to be the next LeBron, but don't have the skills yet? Do you love watching basketball but

haven't had the opportunity to play? If you answered yes to either question, then the Y-HAWKS program is for you! This basketball program will introduce 10-12 year olds to basketball basics: rules, dribbling, shooting, fundamental skills and game play. Most importantly, you'll have a ton of fun learning about Canada's fastest-growing sport!

PROGRAM COACHED BY: Nighthawks Coaching Staff

WHO:

YMCA Members ages 10-12 years * MUST be a YMCA member to attend*

COST:

No additional fee – included in YMCA Children's/Youth Membership

WHEN:

Mondays – Guelph YMCA

Start Date: Feb 14th

Y Hawks Basketball -10-12yrs - 5:30-6:30

Y Hawks Basketball -10-12yrs - 6:30-7:30

Tuesdays – A.R. Kaufman YMCA – Kitchener

Start Date: Feb 15th

Y Hawks Basketball -10-12yrs - 5:45-6:45

Y Hawks Basketball -10-12yrs - 6:45-7:45

Tuesdays – Stratford Perth YMCA

YMCA Basketball – 10-12yrs - 6:45-7:45

* This will formally become Y Hawks Basketball in Spring 2022*

Wednesdays – Chaplin Family YMCA – Cambridge

Start Date: Feb 16th

Y Hawks Basketball -10-12yrs - 5:30-6:30

Y Hawks Basketball -10-12yrs - 6:30-7:30

Thursdays- Stork Family YMCA – Waterloo

Start Date: Feb 17th

Y Hawks Basketball -10-12yrs - 5:30-6:30 (20 participants)

Y Hawks Basketball -10-12yrs - 6:30-7:30 (20 participants)

HOW TO REGISTER:

Register for children's programs in Gym Master, Member Portal or Contact Member Services to register.

INCLUDED BENEFITS OF THIS PROGRAM:

- Coached by professional coaching staff from Guelph Nighthawks, CEBL (Canadian Elite Basketball League) to take basketball skills to higher level

- Each participant will receive a Welcome Kit including:
 - co-branded YMCA/Nighthawks t-shirt, cinch bag, water bottle and team novelty items
 - YMCA members to receive 15% off single game Nighthawks tickets
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HOW CAN YOU SUPPORT?!

- Please share this information with everyone! Members, potential members, friends, family and the community! We are excited and want to spread the word and fill these programs!
- Direct interested individuals to the Nighthawks website for information about Hoops Development Series at: <https://www.ymcacambridgekw.ca/en/y-hawks.asp>
- If there are questions about the Nighthawk programs please feel free to contact: **Melissa Haynes, Lead Youth & Community Programs** at: melissa.haynes@ytr.ymca.ca or 519-998-9244

FAQ's

- **Will you still offer YMCA Basketball for 6-9 year olds?**
 - YES, we will still be offering basketball programming for children aged 6-9 years, included in our Y Memberships. Our Children's Program Staff will continue to facilitate these programs.
 - They will also receive extra training from the Nighthawks Coaching Team!
 - We have added more spaces in our 6-9 Basketball Program offerings
- **Will you still offer YMCA Drop-in Basketball for 13-17 year olds**
 - YES, we will still be offering Drop-In basketball programs at all Health & Wellness locations – check out Gym Master for program days/times
- **Hoops Development Series is at an extra cost. Is there financial subsidy available for the Nighthawks Hoops Development Series?**
 - Please reach out to Melissa Haynes at melissa.haynes@ytr.ymca.ca to discuss potential subsidy options.